# The different types of Autism Spectrum Disorder (ASD)

It is important to note that different types of Autism Spectrum Disorders exist because inclusion needs understanding, proper support, and challenging misconceptions. ASD is a broad term that requires awareness and education for more positive attitudes and acceptance of individuals' differences.

### Kanner's Syndrome

Kanner's Syndrome, named after researcher Leo Kanner, is an outdated term for autism. In his 1943 report, Kanner described "infantile autism" as a disorder in infants and children characterized by socialization impairments and repetitive behaviors.

## Asperger's Syndrome

Asperger's Syndrome, once a separate developmental disorder, is now classified under Autism Spectrum Disorder (ASD) in the DSM-V. Despite this reclassification, specialists may still diagnose children with Asperger's to indicate a less severe subtype of ASD.

### **Rett Syndrome**

Rett Syndrome is a neurodevelopmental disorder primarily affecting girls, exhibiting symptoms similar to autism, such as loss of communication and social skills. However, due to its unique physical symptoms and gender prevalence, it was excluded from the DSM-V and is no longer classified under the ASD category.

Childhood Disintegrative Disorder (CDD)

Childhood Disintegrative Disorder (CDD) is now classified under Autism Spectrum Disorder (ASD) in the DSM-5. Previously viewed as a rare and severe form of autism, CDD has a prevalence of 1.7 cases per 100,000 children.

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# Pervasive Development Disorder Not Otherwise Specified (PDD-NOS)

Persuasive Developmental Disorder Not Otherwise Specified (PDD-NOS) was one of the three main types of autism, distinct from autism due to not meeting all diagnostic criteria before the DSM-V.